Voluntary Action Angus Weekly Bulletin

9th December



Third Sector Interface

This weeks content covers:

Cost of Living roadshows!

Local groups to join

New volunteering opportunity

Available support and information

We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.

VOLUNTARY ACTION ANGUS

An exciting new employment opportunity!

Voluntary Action Angus (VAA) have an exciting new employment opportunity working in partnership with Macmillan Cancer Support, Angus Council and Angus Health and Social Care Partnership.

Voluntary Action Angus is expanding our existing Social Prescribing service with advertising this new opportunity to further our reach into the community of Angus.

VAA are looking to recruit an Improving the Cancer Journey Social Prescriber to cover the whole of Angus on a three year fixed term contract.

To request an application pack please contact: katrina@voluntaryactionangus.org.uk

You can find out more information on the position here.







Cost of Living roadshows!

Voluntary Action Angus attended the Brechin and Forfar Cost of Living roadshows on the 30th November and 7th December.

Our Locality Workers provided people with the available support and information that Voluntary Action Angus can provide to help during these challenging times.







CARNOUSTIE AND MONIFIETH MEN'S SHED

New Men and Lady members welcome!

The purpose of the organisation is to provide recreational facilities and advance the social needs, health and well being of men of all ages and backgrounds living in Carnoustie, Monifieth and surrounding areas.

New Men and Lady members are very welcome to join us, why not pop in for a cup of tea or coffee and a biscuit and enjoy the company!

Where and when?

The Panmure Centre, 141 Kinloch Street, Carnoustie DD7 7JP Open: Tuesday, Wednesday and Thursday from 1pm to 4pm

For more information please email: info@carnoustieandmonifiethmensshed.co.uk

ARBROATH LITTER PICKERS AND POOFIGHTERS GROUP

Help keep Arbroath clean and tidy!

Do you live in Arbroath? Do you want to help keep it clean and tidy?

If so, the Arbroath Litter Pickers and Poo Fighters Group meet every weekend to do an hour of litter picking in different locations in the town. They also organise the local beach clean and bigger tidy-ups around the town.

How to join?

If this is something you are intrested in, join their Facebook group to keep up to date on activities.

Join their Facebook group **here!**





ALZHEIMER SCOTLAND

What's on - December, Angus groups

Click **here** to find out what's on at the Alzheimer Scotland Angus groups during December!



Alzheimer Scotland Tayside festive newsletter!

You can read the latest Alzheimer Scotland Tayside festive newsletter **here**!



SHE SCOTLAND

About us!

Have you heard about SHE Scotland? We bring women together to support each other and believe that "if you can't see it, you can't be it".

Having female role models is of huge significance to show other women what can be achievable. SHE is a driving force for future generations of girls and young women, supporting them to realise their potential, so that they can have a positive impact on their community.

SHE Scotland has created a series of training programmes which women can deliver to other women. These programmes are designed to develop self-esteem and confidence, increase body awareness, and develop peer relationships for women of all ages. Additionally, in talking to young women, we found that the classroom was where a lot of the issues came from, so we work on building a relationship with schools and supporting the issues and inequalities that young women face in the classroom.

SHE Scotland are proud to be rolling out a programme of activities in the Angus area. If you would like to know more about what we do, or would like to support us in delivering this amazing programme, then please get in touch with Krysta Stoneley: shescotland-krystastoneley@outlook.com

You can also find out more on our website by clicking here!



ANGUS CARERS CENTRE

Volunteer Drivers wanted!

We are looking for volunteers who have their own car and are able to offer a few hours supporting our carer activities!

Driving opportunities include:

- Driving young and adult carers to appointments
- Delivery of treat packs to adult carers
- Delivery of activity packs to young carers and parent carers
- Supporting young carers to groups and activities.

We pay volunteer expenses.

This opportunity can be extremely rewarding!

You can find out more information here.



THE CHILD PROTECTION COMMITTEE

New volunteering opportunity!

The Child Protection Committee (CPC) is looking for a volunteer to represent the Third Sector at Child Protection Committee meetings.

This individual would need to attend quarterly meetings via Teams to feedback to the Third Sector and attend working groups attached to the CPC.

If this is something you think you would be interested in and would like to discuss further, or if you would like to see the Terms of Reference for the group, please contact: info@voluntaryactionangus.org.uk



SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to Laura@voluntaryactionangus.org.uk by **5pm** on **Wednesday 14th December**.

CATCH UP WITH OLDER

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